

# Tahoe Adventure Company



## ☞ Equipment List for Snowshoeing ☞

Thank you for choosing the Tahoe Adventure Company. We will be outdoors for the duration of your trip. The winter season can offer a variety of conditions here in the mountains so **please follow this list closely**; it is designed to make your outing safe and comfortable. **Dressing in layers is the key to comfort.** Synthetic clothing or wool will keep you warm if it becomes wet **while cotton will not.**

### Required Items:

- ☞ Lightweight base layers or long johns. Long sleeve top and bottoms ~ Polypropylene/Capilene or other synthetic clothing is best, wool also works. **NO COTTON!**
- ☞ Comfortable water proof hiking boots or winter boots such as Sorrels with Wool socks (for warmth and extra padding). Again, no cotton
- ☞ Long sleeve layer/shirt. Wool, Fleece or other synthetic clothing is best
- ☞ A ski jacket or other water proof shell
- ☞ Ski pants or other water resistant pants
- ☞ Sun Screen (SPF 30 or higher)
- ☞ A hat with a brim
- ☞ A warm ski hat or beanie (wool or fleece)
- ☞ 2 pairs ski gloves or equivalent (in case one gets wet)
- ☞ Extra top and bottom layer for cold days or to change into after tour
- ☞ Sunglasses (Suggested: neck strap such as "Chums" or "Croakies")
- ☞ Ski goggles in a protective case or bag (in case of snow)

### Recommended items:

- ☞ A small backpack or hip pack to carry your things
- ☞ Camera (protective case and lanyard)

### Recommended items for Full Moon and Star Tours

- ☞ **Headlamp or flashlight - required**
- ☞ Blanket for Star Tour
- ☞ Camp chair for Star Tour

If you have any questions about gear for your trip please give us a call or e-mail.

### **Tahoe Adventure Company**

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