



Equipment List for SUP and Kayaking Trips ~ Spring/Fall Season

Thank you for choosing us for your water adventure. Although we offer dry bags to help keep gear dry, everything that comes on one of our water trips runs the risk of getting wet. We therefore recommend that you **only bring personal gear that can get wet or damp during the trip**. Items that **must** stay dry such as cameras or other electronic devices, change of clothes or personal affects should stay in your car, at the hotel or in the vans.

The required items below are things you will use during your trip. The recommended items are nice to have, but you don't need to rush out and purchase them. The Spring and Fall season in Lake Tahoe can be chilly, especially in the AM. **Please follow this list closely**; it is designed to keep you safe and comfortable.

Required Items

- Reusable water bottle (at least 1-liter capacity)
- Wet shoes or any shoes that can get wet. You may be walking on rocky beaches.
- A hat with a brim
- Sunglasses (Suggested: neck strap such as "Chums" or "Croakies")
- Swim suit or swim trunks to be worn under another protective layer
- Sun Screen (SPF 15 or higher).
- A wind breaker or similar jacket
- Extra layer for warmth
- A change of clothes (sweater or sweatshirt, dry footwear, etc.) for take out.
- Rain pants or similar bottom layer

The Tahoe Adventure Company will provide paddling jackets and water resistant paddling pants. **If you own rain pants or the equivalent, please bring those to wear.**

Recommended Items

- Waterproof camera (recyclable).
- A beach towel
- Neoprene socks or booties
- Polypropylene/ " Capilene" or other synthetic clothing (Please wear if you have it)

If you have any questions about gear for your trip please give us a call or e-mail.

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